

EDUCATION AUTHORITY – NORTH EASTERN REGION MEAL PLAN SCHOOL MEALS KITCHEN (No Choice Menu)

W/B -- 25/9 23/10 20/11 18/12 2/10 30/10 27/11 9/10 6/11 4/12 16/10 13/11 11/12

	Week 1	Week 2	Week 3	Week 4
Monday	Chicken Bake (crunchy stuffing topping) mashed potatoes, broccoli & gravy. & Banana Muffin & custard	Chicken Bites, Chips or Mashed Potatoes & Beans. & Orange Wedges & Toffee Yogurt.	Chicken Curry, Naan Bread, Sweetcorn and Rice. & Peach Muffin & Custard.	Chicken Curry, Naan Bread, Sweetcorn and Rice. & Popcorn Cookies and Jelly Tub (sugar Free)
Tuesday	Chicken Curry, Rice, Naan Bread and Sweetcorn. & Chocolate flavoured cookie Angle Delight	Chicken Curry, Rice, Naan Bread and Sweetcorn. & Chocolate Brownies & Custard.	Sausage, Beans, Chips or Potatoes. & Fruit & Toffee Yogurt.	Chicken Bites, Beans, Chips or Potatoes. & Fruit & Yogurt.
Wednesday	Pasta Bolognese, Tossed Salad and Crusty Bread. & Flapjack & custard.	Buffet: Pizza fingers, Mini Burgers, Coddies, Vegetable sticks (Cucumber & carrots) & coleslaw. Ice Cream Sliders & Fruit.	Pasta Bolognese, Cheese and Crusty Bread. & Chocolate Cookie & Angel Delight	Irish Stew & Crusty Bread & Chocolate Flavoured Brownies & Custard.
Thursday	Hotdog, Coleslaw, Chips or Potatoes. & Fruit & Toffee yogurt.	Breaded Fish or Fish fingers, Peas and Mashed Potatoes. & Popcorn cookie and Custard	Vegetable Soup & Beef Burger. & Chocolate flavoured sponge and Custard.	Buffet: Pizza, Mini Burgers, Pizza Fingers, Coddies, Vegetable Sticks & Pasta Salad. Sponge & custard.
Friday	Chicken, Carrots, Peas, Mashed and Roast Potatoes, Stuffing and Gravy. Vanilla Ice Cream Tub & Fruit.	Roast Pork, Carrots, Broccoli, Mashed Potatoes, Stuffing and Gravy Frozen Chocolate Mousse and Fruit.	Roast Pork, Carrots, Turnip, Mashed and Roast Potatoes, Stuffing and Gravy. Vanilla Ice Cream Tub & Fruit.	Chicken, Carrots, Broccoli, Mashed and Roast Potatoes, Stuffing and Gravy. Frozen Raspberry Ripple Mousse & Fruit.

NB: Milk, water and fresh fruit served alongside every set meal. For further information on allergenic ingredients please contact the school.

Menu may change subject to deliveries.